



**CITY OF SALFORD SWIMMING CLUB**

# **SPRING MEET 2026**

**Saturday 7<sup>th</sup> & Sunday 8<sup>th</sup> March**

**LICENSED L3 – 3NW260018**





# CITY OF SALFORD SWIMMING CLUB

Making Waves, Creating Champions, Since 1977

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## SPRING MEET 2026

FOR ENTRY TO REGIONAL & COUNTY CHAMPIONSHIPS

**City of Salford Swimming Club are once again delighted to welcome you to one of our flagship events of the year! Join us for a weekend of top racing within the regional qualification window.**

**Saturday 7<sup>th</sup> & Sunday 8<sup>th</sup> March 2026**

Broughton Leisure Centre

Swim England Licensed Level 3

£7 per entry

Medals awarded to the Top 3 in each age group of 9, 10, 11, 12, 13, 14, 15/ov

### **SALFORD SWIMMERS**

Enter via Swim Manager with the internal information provided

### **AWAY SWIMMERS**

**FIRST COME FIRST SERVED VIA SPORTSYSTEMS CLUB ENTRY**

- ⇒ Entries Open 1<sup>st</sup> February
- ⇒ Entries Close when full or 12<sup>th</sup> February (whichever first)
- ⇒ The meet will be closed when full. If the last club entry makes a session oversubscribed, rejections will be made in that session only from that club.
- ⇒ Any club entering over 15 swimmers must provide at least one official per session to assist.

<b>SATURDAY 7<sup>th</sup> MARCH</b>		<b>SUNDAY 8<sup>th</sup> MARCH</b>	
<b>Session 1 – 9am Start</b>		<b>Session 3 – 9am Start</b>	
9/ov <b>200m Breaststroke</b>		9/ov <b>200m Freestyle</b>	
10/ov <b>100m Butterfly</b>		9/ov <b>50m Butterfly</b>	
9/ov <b>400m Freestyle</b>		10/ov <b>100m Breaststroke</b>	
9/over <b>50m Backstroke</b>		9/ov <b>200m Backstroke</b>	
<b>Session 2 – 2pm Start (TBC)</b>		<b>Session 4 – 2pm Start (TBC)</b>	
9/ov <b>200m IM</b>		9/ov <b>400m IM</b>	
9/ov <b>50m Breaststroke</b>		10/ov <b>100m Backstroke</b>	
10/ov <b>100m Freestyle</b>		9/ov <b>200m Butterfly</b>	
		9/ov <b>50m Freestyle</b>	

- ⇒ Warm Up times and afternoon session times will be confirmed in the Confirmation Pack



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## UPPER CUT OFF TIMES

Swimmers must not have achieved the below times within the 12 months prior to the competition

OPEN/MALE	9	10	11	12	13	14	15/ov
<b>50m Freestyle</b>	31.0	30.0	28.0	27.0	26.0	25.0	24.0
<b>100m Freestyle</b>		1:01.0	1:00.0	1:00.0	57.0	56.0	54.0
<b>200m Freestyle</b>	2:30.0	2:22.0	2:11.0	2:10.0	2:02.0	1:58.0	1:55.0
<b>400m Freestyle</b>	6:09.6	5:24.2	4:38.0	4:36.0	4:24.0	4:12.0	4:01.0
<b>50m Backstroke</b>	33.0	33.0	32.0	31.0	30.0	28.0	27.0
<b>100m Backstroke</b>		1:07.0	1:07.0	1:06.0	1:03.0	1:00.0	59.0
<b>200m Backstroke</b>	2:50.0	2:44.0	2:28.0	2:26.0	2:17.0	2:11.0	2:07.0
<b>50m Breaststroke</b>	42.0	38.0	37.0	36.0	35.0	34.0	32.0
<b>100m Breaststroke</b>		1:18.0	1:18.0	1:17.0	1:13.0	1:09.0	1:07.0
<b>200m Breaststroke</b>	3:14.0	3:08.0	2:50.0	2:48.0	2:38.0	2:29.0	2:23.0
<b>50m Butterfly</b>	33.0	33.0	32.0	31.0	29.0	28.0	27.0
<b>100m Butterfly</b>		1:08.0	1:08.0	1:07.0	1:01.0	59.0	57.0
<b>200m Butterfly</b>	3:17.0	2:55.0	2:32.0	2:30.0	2:21.0	2:14.0	2:06.0
<b>200m IM</b>	3:00.0	2:46.0	2:31.0	2:29.0	2:20.0	2:15.0	2:05.0
<b>400m IM</b>	6:56.9	6:20.2	5:31.0	5:22.0	5:10.0	4:50.0	4:45.0

FEMALE	9	10	11	12	13	14	15/ov
<b>50m Freestyle</b>	33.0	32.0	31.0	30.0	29.0	28.0	26.0
<b>100m Freestyle</b>		1:02.0	1:01.0	1:00.0	59.0	58.0	57.0
<b>200m Freestyle</b>	2:29.0	2:23.0	2:12.0	2:10.0	2:08.0	2:05.0	2:04.0
<b>400m Freestyle</b>	6:16.0	5:28.5	4:40.0	4:37.0	4:31.0	4:20.0	4:15.0
<b>50m Backstroke</b>	34.0	34.0	33.0	32.0	31.0	30.0	29.0
<b>100m Backstroke</b>		1:09.0	1:09.0	1:08.0	1:05.0	1:04.0	1:02.0
<b>200m Backstroke</b>	2:49.0	2:43.0	2:28.0	2:26.0	2:21.0	2:17.0	2:15.0
<b>50m Breaststroke</b>	42.0	38.0	37.0	36.0	35.0	34.0	32.0
<b>100m Breaststroke</b>		1:18.0	1:18.0	1:17.0	1:15.0	1:13.0	1:10.0
<b>200m Breaststroke</b>	3:15.0	3:09.0	2:51.0	2:49.0	2:40.0	2:39.0	2:37.0
<b>50m Butterfly</b>	34.0	34.0	33.0	32.0	31.0	30.0	29.0
<b>100m Butterfly</b>		1:09.0	1:09.0	1:08.0	1:05.0	1:03.0	1:01.0
<b>200m Butterfly</b>	3:15.0	2:55.0	2:35.0	2:33.0	2:25.0	2:23.0	2:16.0
<b>200m IM</b>	3:00.0	2:45.0	2:32.0	2:30.0	2:24.0	2:22.0	2:15.0
<b>400m IM</b>	6:55.0	6:20.0	5:31.0	5:22.0	5:10.0	4:55.0	4:50.0



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## AWAY CLUB – SUMMARY OF ENTRIES

CLUB					
CONTACT NAME					
CONTACT EMAIL					
ENTRIES (Girls)			@ £7 each =	£	
ENTRIES (Boys)			@ £7 each =	£	
	<b>TOTAL =</b>				£
<b>COACH/TM PASS 1</b>	NAME				
	S.E. NO.				
	SESSION	1	2	3	4
<b>COACH/TM PASS 2</b>	NAME				
	S.E. NO.				
	SESSION	1	2	3	4
<b>COACH/TM PASS 3</b>	NAME				
	S.E. NO.				
	SESSION	1	2	3	4
<b>COACH/TM PASS 4</b>	NAME				
	S.E. NO.				
	SESSION	1	2	3	4
<b>TOTAL PASSES</b>	@ £10 each =				
<b>OFFICIALS' NAME(S)</b>	NAME				
	S.E. NO.				
	SESSION	1	2	3	4

### PAYMENT DETAILS

- ⇒ CITY OF SALFORD SWIMMING CLUB
- ⇒ 16-16-11
- ⇒ 12596031

### Please note:

- ⇒ Payment must be made by BACS within 24 hours of entries being submitted, otherwise entries will be made pending and at risk of missing deadlines of first-come-first-served
- ⇒ Unfortunately the venue does not allow us to serve food on site for coaches and team managers. Light refreshments will be provided.



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## CONDITIONS

### 1. Introduction

1.1. The City of Salford Swimming Club (hereinafter 'the Club') Open Meet (hereinafter 'the Meet') will be held in accordance with the relevant WORLD AQUATICS/SWIM ENGLAND/IPC Technical & Judicial Rules/Laws.

1.2. Bona Fide Coaches and Team Managers requiring access to the poolside must be in possession of a Pass issued by the Club. It is mandatory that all Coaches comply with the relevant Swim England Child Protection Procedures and have an up to date DBS certificate.

1.3. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Meet Director.

1.4. This Meet is open to all members of a Club affiliated to Swim England. A swimmer shall be considered as foreign if they are not a member of a club affiliated to Swim England. Foreign swimmers are eligible to enter provided that they are a member of a Club in their home country, and that country is affiliated to FINA. They should also provide adequate evidence of the validity of their entry time if requested.

### 2. The Meet

2.1. The closing date for eternal entries is Wednesday 12th February 2026.

2.2. Age for the competition will be as of the last day of the competition.

2.3. Age Groups will be defined as 9,10,11,12,13,14, 15/over

2.4 The female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

### 3. Para Swimming competitors

3.1. Swimmers with a disability shall swim under IPC Rules.

3.2. Qualifying times for para-swimming competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats.

3.3. Personal Care Attendants/Coaches: Personal care attendants are permitted to accompany a swimmer if they agree so beforehand with the Meet Director. A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant. Poolside passes; coaches' passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to Swim England child protection procedures and hold a current CRB certificate.

3.4. Competition format: The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times.

### 4. The Events

4.1. Individual events shall be 50m 100m and 200m in all strokes, plus 200m and 400m IM and 400m Freestyle. 100m events are only open for ages 10 years and over.

4.2. All heats will be swum combined and heat declared winner.

### 5. Awards

5.1. Awards will be made to the Top 3 in each age group plus the Multi-Class Para-Swimming British Points.

### 6. Submission of entries

6.1. The use of Sportsystems Entry Manager for submitting electronic entries is the preferred method for entry to these championships. The relevant Sportsystems entry file can be downloaded from the City of Salford Swimming Club website.

6.2. Entry fees for each event shall be £7.00 if entered via sports systems entry file. A fee of £9.00 if an individual or a paper entry is completed. This includes the levy fee to Swim England per swim.

6.3. BACS details are provided in the entry pack.

6.4. Upper qualifying times will be applied to all individual events

6.5. Individual entry times must not equal or be faster than the stipulated time.

6.6. Entry times must be 25m times (conversions will be accepted).

6.7. Entries will be audited against the rankings published by Swim England and any club may be challenged to demonstrate the authenticity of the information provided. There will be no refunds for incorrect entries.

6.8. The Meet Director reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the meet will be filled based on FIRST COME FIRST SERVED basis. Events chosen for restrictions will be at the Meet Directors discretion. Any entry rejected under these circumstances will be refunded.

6.9. Submitted entry times shall be used for seeding and rejection purposes as required.

6.10. Refunds will only be given where a competitor whose entry has been accepted and has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Director

6.11. Once an entry has been submitted improved times will not be accepted.

### 7. Confirmation of entry

7.1. Accepted swimmers' details will be posted onto the website as soon as possible after the closing date for the competition. These should be used to cross check the accuracy of swimmer entries and to allow any necessary corrections to be made.

### 8. Meet procedures

8.1. A withdrawal system will be in operation. Competitors or their representatives must inform the organisers of their intention to withdraw at least 60 minutes before the start of the session if they do not intend to swim. Notification may be made via club online withdrawal form or in person to the Meet Director prior to the commencement of the meet. Withdrawal messages must state NAME, CLUB, and EVENT(s).

8.2. Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.

8.3. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate medical certificate must be provided.

8.4. Should a swimmer withdraw from an event on medical grounds they will be removed from all other events to be held that day.



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8.5. Heat Start Lists will be made available to clubs as soon as possible after the withdrawal deadline of each session.

8.6. Competitors are responsible for presenting themselves to the Marshalling area one event prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.

## **9. Other**

9.1. Photographs and Video of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition.

9.2. Any swimmer/team failing to comply with any of the foregoing conditions may not be allowed to compete in the Meet.

9.3. All other matters regarding the running and administration of the Meet shall be at the discretion of the promoter or their agent(s).

9.4. City of Salford Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Salford Swimming Club. City of Salford Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coaches pass.

9.5 Backstroke ledges are available throughout the meet.