

# KEY GALA INFORMATION



**Monday 22nd Dec 2025**



- Events are age as the 22nd Dec 2025
- Closing Date Friday 19th December 25 or when full.
- £5.00 per Race for 400s, £9.00 per race for 800s.
- External Clubs - via email to [rammygalaentries@outlook.com](mailto:rammygalaentries@outlook.com)
- Individual entries via email to [rammygalaentries@outlook.com](mailto:rammygalaentries@outlook.com)
- Bank Details Sort Code 01-07-26 Account Number 49531034
- Spectators will be limited so no charge will be applied.
- For all other enquiries, please email Kathryn at [Rammygalaentries@outlook.com](mailto:Rammygalaentries@outlook.com)

## Awards

This is a long Distance Opportunity, no medals will be awarded

Ramsbottom members will be sent a link to our Payment Portal



# WINTER LONG COURSE



**Session 1**  
**Warm up approx 8am**  
**Start TBC**

<b>101</b>	<b>400m Free Mixed</b>
<b>102</b>	<b>800m Free Mixed</b>

# MEET CONDITIONS



The meet is licensed at level 4 and will be held under Swim England Laws & ASA Technical Rules (with a 1 start rule) on Monday 22nd December 2025 at Ramsbottom Pool and Fitness Centre, Porritt Way, Ramsbottom

The pool is 4 lane anti-wave, 25m pool. A Stop Watch Timing System will be used

The competition is open to amateurs only, as defined by ASA Law.

1. Age Groups are age on day at 22nd Dec 2025
2. For this meet, swimmers must be registered members of Swim England as Club Compete
3. A competitor may compete in the name of one club only
4. The female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
5. Officials from the County and Regional list as applicable
6. Entries to be submitted electronically using the Sportsystems software to [Rammygalaentries@outlook.com](mailto:Rammygalaentries@outlook.com) Information pack will be available via email.
7. Entries shall be accepted from all clubs plus individuals.
8. Accepted swimmer's details will be shared with visiting clubs via email. These should be used to cross check the accuracy of swimmer entries and to allow any necessary corrections to be made.
9. Classified disability swimmers are permitted to enter without the requirement of having achieved a consideration time
10. Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry. (The promoter being Ramsbottom ASC)
11. All starts will be into deep water. "Over the Top" starts will be used for all events except backstroke
12. Events are seeded on submitted times. The promoter reserves the right to reduce the number of entries to keep the meet to a reasonable length
13. All events are Heat Declared Winners.
14. Swimmers will compete in one age group only as age on date as off the 22<sup>nd</sup> December 2025.
15. No Awards will be presented for this long distance opportunity.



# MEET CONDITIONS



16. A withdrawal system will be in operation. Competitors or their representatives must inform the organisers of their intention to withdraw at least 30 minutes before the start of the session if they do not intend to swim.
17. Notification may be made by email to the Meet Director prior to the commencement of the meet. Withdrawal messages must state NAME, CLUB, and EVENT(s).
18. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate medical certificate must be provided.
19. Heat Start Lists will be made available to clubs as soon as possible after the withdrawal deadline of each session.
20. Competitors are responsible for presenting themselves to the Marshalling area. It is the swimmer's responsibility to be at the start in time for the race.
21. The promoter reserves the right to refuse admission to any competitor or spectator.
22. Anything not covered within these meet rules to be at the discretion of the meet organiser and/or the Promoter Ramsbottom ASC
23. Please note there is no swim down facility at the pool. Warm up times will be shared with clubs ahead of the meet. Coaches, you are responsible for your swimmers at all times
24. Warm up will not commence until both ends of each lane are covered
25. NO DIVING AT SHALLOW END AT ANY TIME
26. Ramsbottom ASC accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the Ramsbottom ASC. All swimmers on poolside should be accompanied by a person with a coaches pass, who has had a DBS check and completed a Swim England safeguarding course
27. No glass bottles on poolside. Shoes to be worn when leaving poolside

